

Easy Pudding/Ice Cream

Ingredients

2/3 cup sweetened condensed milk
1 cup whipping cream
2 Tbls unsweetened cocoa powder
1 tsp Vanilla extract or flavoring
1 cup cooked, drained and chilled Wild Rice (optional)

Chill cream, bowl and beaters for 15 minutes before whipping the cream.

Directions:

Chill cream, large bowl and beaters for 15 minutes before whipping the cream.

In a separate small bowl, blend sweetened condensed milk, cocoa powder and vanilla together until chocolate mixture is smooth with no lumps.

Whip cream until peaks form. Gently fold chocolate mixture and wild rice into whipped cream until blended.

Spoon into serving sized bowls. Cover and chill until serving. Cover and Freeze for a delicious ice cream.

Mixture holds for 3 days in fridge, 2 weeks in freezer. Keep covered.